



Thursday 17 August 2023

Kia ora, parents, whānau and caregivers,

Personal Health and Physical Development 2023 Y5-6

‘Sexuality Education’ is a part of the Health and Physical Education Learning Area of the NZ Curriculum. Here at Elim Christian College, as with all subjects, this is taught from a Christian worldview.

The aims of the programme are to educate and inform students on the following issues:

- What it means to be a male/female
- Puberty and the body changes that occur
- Personal hygiene
- Respect in relationships with the opposite sex
- Respect and boundaries in both real life and internet contexts

The act of sex or contraception/protection will not be covered during these lessons. If any questions arise around these matters during this time, children will be encouraged to talk to their parents.

This will be delivered to boys and girls in separate sessions. Joanna Emery will lead this for the girls and Victor Peach will lead this for the boys. There will be opportunities beforehand for students to use an anonymous Q&A box. The lessons will be delivered in two sessions during Week 7, Term 3 (28 August - 1 September).

It is highly recommended that all students participate in this programme. However, if you would prefer that your child opts out, please fill in the Google Form linked below. You only need to complete the Google Form if you are choosing for your child to opt out. If you have any questions or queries, please do not hesitate to contact me.

[Puberty Talk Opt Out Form](#)

Ngā mihi nui,

Jessica Kidd

Yr 4-6 Team Leader

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