



# A FUTURE & A HOPE

## GOLFLANDS CAMPUS MIDDLE YEARS

Kia ora Parents, Whānau and caregivers,

Welcome to Term 4, the spring weather is (hopefully!) starting to settle and the outside temperature is definitely warming up. Term 4 holds a lot of exciting events and opportunities ahead. This also means that the term is going to fly by quicker than any of the others!

Thank you to everyone who attended the new playground opening. What a blessing it is to have this new facility at our school. It was also great to see so many of you attend our Device Use and Online safety evening last week. We believe it was a great success based on the feedback we have had, and will look to do events like these more regularly in the future.

As you are aware, Mr. Adamson sent out an email outlining the effect Union Strike action will be having on the school. Please make sure you read the latest Principals update to have the full explanation of what this means for the school. For the Middle Years this means;

Y9/10 - Students are to stay home

Y7/8 - Students are encouraged to stay home, where this is not possible, supervision will be provided for the day at school.

While this will not be normal classes, students who do come to school are expected to be in full uniform

With the Strike Day unfortunately falling on the date of our Middle Years Athletics, we will be postponing our Athletics Day to Monday 24<sup>th</sup> November.

I want to leave you with a verse that Mr. Adamson has shared with staff in our morning devotions this week.

“Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time.

Cast all your anxiety on him because he cares for you”

1 Peter 5:6-7

A pray that as you head into your weekend you may find rest in Him, by placing all the busyness and worries of your day into his hands.

Ngā mihi nui  
Mr Michael McKenzie  
Deputy Principal

### TERM 4 UPCOMING EVENTS

#### **Middle Years Athletics**

Postponed until Monday 24<sup>th</sup> November

#### **Thursday 23rd October**

Stike Action – please read the Principals update

#### **Labour Day** (Public Holiday)

Monday 27<sup>th</sup> October

#### **Year 8 Tiritiri Matangi trip**

Friday 28<sup>th</sup> November (this is to cover the trip which was postponed last term)



### IMPORTANT END OF YEAR DATES

#### **Year 10 Camp**

Wednesday 3<sup>rd</sup> – Friday 5<sup>th</sup> December

#### **Y10 Last day of school**

1pm Wednesday 10<sup>th</sup> December

#### **Middle Years Prizegiving**

Wednesday 10<sup>th</sup> December

#### **Last Day of Term 4**

Thursday 11<sup>th</sup> December



# WHAT'S GOING ON IN THE MIDDLE YEARS



## Kahui Ako Kapa Haka Festival

Our Middle Years Kapa Haka group represented Elim Christian College, along with their Junior Year counterparts, at the SECKA (South East Christian Kahui Ako) Kapa Haka Festival at the end of term.

The students, who had been diligently practising for months, put on an outstanding showcase of their hard work and talent.

A huge thank you to Matua Troy, Mr. Froud and Miss. Va'afusuaga for helping prepare our students and supporting them in this activity.



## Middle Years Students in football TDP

A huge congratulations to three of our Year 10 students who have recently participated in a TDP (Talent Development Programme) for their respective football clubs.

These programmes are designed to prepare players for competitive youth football and ultimately developing players for key Under 17 and Under 23 age grade sides which are the primary 'feeder' grades for senior football in New Zealand.

Samuel Hunter- Fencibles(conference grade) team placed 2nd overall.

Judah Green- Fencibles (championship grade) team place 1st overall.

David Seiler- Papakura (championship grade).

Well done lads!

# WHAT'S GOING ON IN THE MIDDLE YEARS

## Middle Years Celebrations



### New Y5-10 Playground

The term started with a lot of excitement as we opened our brand new playground. This amazing addition to the school grounds has been thoroughly enjoyed every morning tea and lunch time for the past two weeks. If you haven't had a chance to check it out, I strongly encourage you to have a look when you pick your kids up from school.

Alexia Neumann (G7D), who was the top fundraiser for the Inflatables day at the beginning of year, had the honours of cutting the red ribbon to officially open the playground.

Once again, a huge thank you to our ARISE PTA parents who helped facilitate the fundraising which significantly contributed to the creation of this playground.

### Mathematics Competition Winners

This morning in assembly Mrs Angeline Hubert and Mr John Caetano handed out certificates of participation for students who competed in the Mathex Competition last term.

As well as these certificates, Mrs Hubert also presented certificates to students who had attempted and achieved in the University of Otago Junior Mathematics competitions.

Ka pai students, your hard work and diligence are evident in these achievements.



# IMPORTANT HEALTH NOTICE: MEASLES ALERT

Recent measles cases linked to overseas travel have been reported in Northland and Queenstown. These individuals were infectious while active in those communities. Due to recent school holidays and associated travel, there is a risk measles may be circulating in Auckland, including our school community.

## Why Measles is a Serious Concern

Measles is one of the **most dangerous and contagious diseases**. The virus spreads easily via air particles from an infected person who has been coughing, sneezing, or even talking. Many people who contract measles will require hospitalisation.

Those most at risk of complications are:

- Young unvaccinated people.
- Pregnant women.
- People who have compromised immunity.

However, measles can affect **anyone of any age who is not immune**. Anyone who has not received at least two doses of the measles vaccine or has not already had the disease is at risk of catching and spreading measles.

## Protect Our Community

The **MMR (Measles, Mumps, Rubella) vaccine is free** via your family GP and many pharmacies for:

- **tamariki (children)** aged 18 and under in Aotearoa New Zealand.
- adults over the age of 18 who are eligible for free local healthcare.

## What to Watch For and What to Do

Due to recent cases, it is important to watch closely for Measles symptoms (see the attachment provided for examples).

**Please, stay at home and call Healthline immediately on 0800 611 116 if you develop measles symptoms.**

Measles at school could cause significant disruption for our community and your whānau due to absences, prolonged illness, and isolation/quarantine requirements. It puts our wider community, including our ākonga (learners) and kaiako (teachers), at risk.

If your child is unwell, please keep a careful eye on their symptoms and give them the necessary time to recoup. Rest is the best medicine for a quick recovery and helps prevent the spread of germs to their classmates and teachers.

Please note that if a student becomes unwell while at school, we may need to contact you to come and collect them immediately.

Thank you for your support in keeping our school safe and healthy.

# Y10 CAMP - PARENT HELPERS

Excitement is beginning to build for our Year 10 camp in Week 9 of Term 4.

To run an effective and cost efficient camp, we rely on the help of parents. If you are willing and able to join the Year 10 camp on Wednesday 3<sup>rd</sup> - Friday 5<sup>th</sup> December, we would be hugely grateful.

If you are able to, please let myself or Miss Gibson know. One requirement is that you need to have police vetting done with the school (current police vetting at other organisations does not count). The reception team will be able to help you with the process, feel free to pop in to see them with your drivers licence and passport and they can assist you in getting it sorted.

And for you Year 9's - don't worry there will still be a Year 10 camp for you next year at the Botany Campus!

## IMPORTANT REMINDERS

A gentle reminder to our families;

Please help us keep our school grounds safe for everyone. We kindly ask that you do not use the staff carpark for dropping off or picking up students, as this area is reserved for our staff.

Also, please remember to keep the bus lane clear at all times. This is essential for ensuring our school buses can safely and efficiently pick up and drop off students. Thank you for your cooperation and for helping us ensure a safe environment for all our children.

## SUMMER UNIFORM - HATS

As Term 4 approaches a reminder that all students need to be wearing the regulation school hat if they are playing out in the sun at lunchtime.

The regulation school hat can be purchased from John Russell Schoolwear in Howick for \$16.

<https://shop.johnrussellschoolwear.co.nz/shop/product/elim-middle-cap/>

Students will be required to wear this hat on the field or courts during lunchtime in Term 4 (and Term 1 2026).

## STUDENT HANDBOOK

*Reminder!*

- Please read through the Student Handbook which contains lots of useful information for both parents and students about uniform, absence protocols, traffic, etc.

<https://sites.google.com/elim.school.nz/student-handbook>

# Message from Counselling Sept 2025

This seems to be a time of the year where assessments and grades are at the forefront of teachers' and parents' minds. Let's have a look at a healthy approach to the pressure that comes with the pursuit of academic achievement and growth.

## Process vs Outcome goals

We do not have control over outcomes. We do have control over our habits. Goal setting that is outcome oriented can leave us deflated, disappointed and disempowered. Goal setting that is habit focused is encouraging and empowering. It celebrates the journey rather than the destination. It directs us to what we have control over rather than what we do not have control over.

Examples of Outcome goals are: getting Merit on all my assessments, or getting "Above Expectation" on everything.

Examples of Habit goals are:

- Keeping a homework diary
- Persevering (giving it an extra 10 minutes) when I face a tough problem and feel like giving up
- Pray when anxious about my work
- Completing my homework before going on social media each day
- Weekly review and summary of new concepts learnt (mind map/paragraph)
- Checking I understand everything I learn each week
- Ask more questions when I don't understand (ask friends/teacher for help)
- Use the pomodoro technique for studying
- Draw up a Glossary of terms as I learn- building vocab in a subject
- Identifying things that distract me when I am trying to concentrate or work and making a plan to minimise the distraction.
- Asking for feedback on submitted work from teachers
- Talk to my parents/caregiver about my habits and let them know how they can support me.

Can I encourage you to look over this list with your child, add to it, get them to choose a couple of habit goals to work on and let's collectively resist the urge to focus on the grades alone, on the outcome goals that are outside of their control. When I used to be a teacher in the classroom and hand out reports to students at the end of term, I would say something like this to them "School only measures what school can measure- this report is a helpful reflection on part of your life, not all of your life. Bear that in mind whether you have done well or not. Celebrate success with humility and perspective, and take the failures as feedback - don't allow it to define you".



# IMPORTANT REMINDER TO ALL PARENTS



 **No Adults Permitted**   
**in Students' Toilets - Strictly  
for Student Use Only**

 **成人禁止进入**   
**学生厕所 — 仅限学生使用**

**ARISE PARENTS IN PRAYER**

**ARISE**

Parents in Prayer

*Tuesdays @*

**8:40am Botany cafeteria**

**2:30pm Golflands courtyard**

*Come join our team!*

# Ordering your SCHOOL LUNCH is easy via **KINDO APP**

**MON &  
FRI**

**SUBWAY**



**TUES,  
WEDS &  
FRI**



**U-SUSHI**

**THURS**

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