

Monday 29th April 2024

Dear Parents/Caregivers

ELIM CHRISTIAN COLLEGE GOLFLANDS MIDDLE YEARS SCHOOL CROSS COUNTRY

On **Friday 10th May 2024** we will be hosting our annual Elim Christian College Cross Country. **This is a compulsory event for all students in Year 7-10.**

Venue: **Golflands Park, Corta Bella Place, Golflands**
(The course will start and finish from the Golflands Park on Corta Bella Place)

Date: **Friday 10th May 2024 (Save Day Monday 13th May 2024)**

Time: **9.00am - 12.50pm** - see detailed times below. *Please note these are subject to change.*

Uniform requirements:

- Students can either wear their **Elim P.E Uniform**, or dress in their **Whānau colours**.
- Shoes **MUST** be worn.
- A warm jumper and rain jacket with them. All clothing must also be named.
- Students may wear their cross country clothes for the day.
- If it's wet weather, students are to bring their school uniform to get changed into for the afternoon.

In the event of a postponement an email will be sent and posted on Schoology before 7.15am.

As this is a compulsory school day, if your child is unable to participate, please email kim.borthwick@elim.school.nz or students must provide a signed note on the day. If your child will be absent on the day, please fill in the absence form as usual: https://www.elim.school.nz/absence_form/

Entry Format:

This year we have 2 entry options for participation. Students **MUST** select from option 1 or option 2 below.

OPTION 1: INDIVIDUAL ENTRY

Students will run a total of 3 km as an individual. Results from the race will be recorded and these students will be considered to represent Elim in the Auckland Cross Country Championships event for Year 9-13 students and the South Eastern Zone Cross Country event for Year 7-8 students to compete against other Intermediate schools within our zone.

Please note: In order to be considered for the South Eastern Zone or Auckland Cross Country event student/s **must** enter the individual entry, as we require their times recorded for the 3km race. Whanau points will be awarded.

OPTION 2: TEAM ENTRY

The course is 3 km total and students will register as a team of 3 runners. Each student in the team will run 1km each of the 3km race. All 3 students must be in the same Year Group, Gender and Whanau to make a team.

Eg. 3 boys in Year 10 from Ezekiel.

Students may not register for both as they will be run at the same time.

EVERYONE will earn whanau points to go towards the overall whanau competition on the day.

Students are to register either as an individual or team by Friday 3rd May 2024. The registration form will be shared with them on schoology and completed in tutor class this week.

Please see the approximate times of the races below.

COURSE DETAILS

The following race start times are approximate.

<i>Age Group</i>	<i>Distance</i>	<i>Race Start</i>
Year 7 Boys	3.km	9.20am
Year 7 Girls	3.km	9.40am
Year 8 Boys	3.km	10.00am
Year 8 Girls	3.km	10.20am
Year 9 Boys	3.km	11.20am
Year 9 Girls	3.km	11.40am
Year 10 Boys	3.km	12.00pm
Year 10 Girls	3.km	12.20pm

PARENTAL ASSISTANCE

We require parental assistance with marshalling, to make this day a success. If you are available to help for the day, please advise using the link below – thank you in advance! Parents/caregivers are also welcome to attend this event as supporters.

Please Note: *The school operates on MOE best practice. All volunteers are required to hold a current police clearance. If you are unsure of your current police vetting status, please check with the school office.*

[Parental Assistance Registration Form](#)

We are very much looking forward to this event. Should you have any queries at all, please do not hesitate to email me.

Yours sincerely

Mrs Kim Borthwick
Sports Coordinator
sport@elim.school.nz