

Mt Albert Campus Cross Country 2023

Tuesday 8th August 2023

Dear parents and caregivers,

On Thursday 17th August we will be having our annual school cross country. This is an opportunity for all students to run and have fun at this whānau house event.

Please note, for our Year 12 to 13 students, this event is highly recommended but not compulsory. We would like as many seniors as possible to participate and to help take the Y0-6 students to and from the venue. If your child is not attending they need to be collected by 12pm from school. Please contact their tutor teacher directly.

Your child is to come to school in their school uniform. They will be given a chance to change into their PE uniform or house colours before leaving school for the event.

The event details are:

Date: Thursday 17th August 2023

Time: 1.00 pm – 3.00 pm

Venue: Alan Wood Reserve, 12 Bollard Avenue, New Windsor, Auckland

What to bring: Water bottle, a small blanket to sit on if you would like

What to wear: School PE uniform (Y4-13), shorts and t-shirt (Y0-3), running shoes, house colours if you have them and a rain jacket for protection from the wind and rain

Order of Events:

12:00 noon Students leave school in classes to walk to Alan Wood Reserve.

12:30 pm Students start to arrive at the park and assemble on the concrete area.

12:45 pm Marshals assemble.

1:00 pm Race briefing for all runners.

Race Time	Year Group	Distance
1:15pm	Year 3 boys and girls	1.1km
1:20pm	Year 4 boys and girls	
1:25pm	Year 0-2 boys and girls	550m Senior students to guide
1:30pm	Year 5 boys and girls	1.1km
1:35pm	Year 6 boys and girls	
1:40pm	Year 7 boys and girls	2.2km



1:50pm	Year 8 boys and girls	
2:00pm	Year 9 boys and girls	
2:10pm	Year 10 boys and girls	
2:10pm	Year 11-13 boys and girls	3.3 km Boys 2.2 km Girls

2:45pm Finish of the day: Classes are to line up with their classroom/tutor teacher for a roll check. Students who are leaving from the grounds are to sign out with their classroom/tutor teacher. Parents please report to your child's teacher before taking them home.

2:55pm Students will walk back to school if they are leaving from school. Please indicate this on the form below.

Permission form: please complete the form using the link below by Tuesday 15th August

[MAC Cross Country Permission Form](#)

Postponement

In the case of severe weather, the event will be cancelled. This will be announced via email or on the website on Thursday morning.

Yours sincerely,

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