



1/05/2017

Dear Parents of Year 10 students

Introduction to the “Wise Moves” Year 10 Christian Living programme

Among the many issues teens face, making wise choices about sexuality is one of the most critical. The culture we live in is teeming with sexual images, inappropriate messages and dangerous advice about sexuality. More than ever before, adolescents need their parents to help steer them through the sea of mixed messages that surrounds them. They also want reassurance that their parents understand what they are going through. We believe parents are the primary sex educators of their children and it is important for parents to communicate their values and standards for behaviour and we would like to partner with you in that.

At Elim Christian College we deliver this part of the NZ health curriculum during Christian Living in our *Wise Moves programme* which is a character-based programme that specifically promotes abstinence and helps adolescents identify the problems and consequences associated with premarital sexual activity. We also explore what healthy relationships look like and address the concerning issue of pornography. The primary goal of the Wise Moves programme is to communicate that sex saved for marriage is the safest and healthiest choice. The resources we are using include Focus on the Family No Apologies Programme, the dvd series, “Love Lessons Purity is Possible” (Faith based curriculum) by Pam Stenl and an Attitude presentation as well as content adapted from In The Picture.

We believe The *Wise Moves programme* will be far more successful in impacting your teen if you make a commitment to invite conversation about this at home. This can be a time to communicate your values and beliefs with your teen and to discuss openly your expectations for their behavior. Talking about sex can be anxiety-provoking, even for the most confident parent. At Elim Christian College, we believe in supporting parents in every way to educate their children in God’s ways. Throughout the programme, the health of the *whole* person in relation to sex and sexuality is discussed- this includes physical, mental, emotional, social and spiritual aspects of sex and sexuality. The topic is discussed in a respectful manner at all times and the students will have clear guidelines about how to ask questions and discuss this private topic in a respectful manner.

This programme is being run during Christian Living classes during Term 2. It will be taught by Mr Granat and myself. Students are in their normal classes some of the time and split into boys and girls some of the time. Please contact me on yvette.britten@elim.school.nz if you have any questions about the programme.

Yours sincerely

Mrs Yvette Britten
HOD Christian Living
Counsellor

Mr Tody Granat
Year 10 Christian Living Teacher