

Tuesday 30th July 2019

Dear Parent / Caregiver

South Eastern Zone Cross Country

Based off your child's outstanding results from our School Cross Country, they have qualified to represent Elim Christian College in the South Eastern Zone Cross Country on Thursday 15th August 2019

Event: SEZ Cross Country

Venue: Sir Barry Curtis Park, Flat Bush, Auckland.

Please enter via Stancombe Road entrance near the playground (see map provided)

PARKING – 3 parking bays on Stancombe road for cars and vans. Buses please park in the gravel car park near the Church

Date: Thursday 15th August 2019 (save day – Friday 16th August)

Time: 9.00am – 11.30pm. We will be leaving Botany Campus at **8.30am**

Race briefing 9:00

Year 7 girls 9:30

Year 7 Boys 9:50

Year 8 Girls 10:10

Year 8 Boys 10:30

Closing 11:00

What to wear/bring: Elim P.E. Uniform

Running shoes (No spiked shoes allowed, running shoes compulsory)

A warm waterproof jacket

Trackpants

Water Bottle

Snacks and lunch

Towel and plastic bag

School uniform to change into afterwards

Training: Trainings will be held during lunchtime **from 1-1.30pm on Monday, Wednesday and Friday**. We ask that students attend a minimum of 2 trainings per week.

Parental Assistance:

We will need parents to assist with transport and supervision for the day. Please indicate on the online permission form if you can help.

All parents who wish to volunteer or transport students must have completed a police vetting form. If you have not yet been vetted, please contact the school office.

Parents: Please sign your child up online by **Monday 5th August** by using this web address:

<https://tinyurl.com/elim-SEZCrossCountry-2019>

Should you have any queries at all, please do not hesitate to email me.

Yours sincerely

Mrs Kim Borthwick
Sports Co-ordinator
sport@elim.school.nz