

29th August 2017

Dear Parent/s and Caregiver/s,

Elim Christian College Year 12 students have been given the opportunity to attend the award winning, one day, RYDA Road Safety Education Programme. RYDA is designed for 15-17 year old's as they begin to drive, or ride, in cars driven by their peers. The programme focuses on attitude and awareness, with the aim of equipping young adults to stay safe on our roads. This programme is for drivers, as well as young people who are passengers. This programme challenges students to change the way they think about road safety and lay the foundation for safe road use throughout their lives.

This programme focuses on cognition development, building an increasing social competency and resilience, and motivating low risk behaviour. Facilitators and teachers work with students to develop and practise personalised strategies and life skills which help them respond positively to challenges on the road, both as drivers and highly influential passengers. It does not teach technical driving skills.

Information regarding the one-day RYDA excursion is detailed below:

Date: Monday 18th September 2017
Venue: Students are to meet at the Pakuranga Rugby club, Lloyd Elsmore Park
Time: 9:20am to 2:15pm
Cost: \$16
Dress: Students are to wear complete school uniform

RYDA delivers six interactive sessions that explore crucial aspects of travelling safely. The sessions include the involvement of local road safety experts, driving instructors, drug and alcohol educators and survivors of road crashes.

Details of the programme can be found in the attached brochure or at www.rse.org.nz.

In one session, students will be outside requiring appropriate clothing and or accessories for the weather.

Students will also watch an emotional video of a fatal car crash. Any student who is not comfortable to watch the video will be invited to leave the room whilst the video plays.

Students need to bring their own food and beverages as there is no tuck shop available for purchase on site.

Yours faithfully,

Tody Granat

YEAR 12 DEAN
SECONDARY SCHOOL
SOCIAL STUDIES,
PHYSICAL EDUCATION
AND CHRISTIAN LIVING TEACHER

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RYDA Sessions

In small groups, students take part in six interactive workshops.

- **SPEED & STOPPING** On a closed section of roadway, students experience the relationship between speed and stopping distance through practical observation. Students also learn about the importance of car safety features and maintenance.
- **HAZARDS & DISTRACTIONS** An interactive session where students form strategies to manage distractions and improve their hazard perception skills.
- **THE 'I' IN DRIVE** A reflective session designed to show students how their personality is an important aspect of the total road safety equation. Students self-assess against five personality areas and use this tool to analyse risky situations in cars.
- **ROAD CHOICES** A discussion, routinely led by a Police Officer on key risk areas for young drivers and passengers. Features hard-hitting videos on decision-making and choices.
- **AFTER THE CRASH** A powerful presentation by a speaker about the crash that changed their life. Features an exercise where students examine how a similar crash would affect their life and plans.
- **GENEVIEVE'S STORY** A true and emotional story about a young driver and passenger involved in a road crash. Students analyse the crash and its contributing factors, discuss the ripple effect and develop plans for decision making in risky situations.

Setting the course for a safer future

Road Safety Education Limited is the leading provider of road safety education for youth in New Zealand. The flagship **RYDA Programme** is delivered each year to over 50,000 senior high school students from more than 650 participating schools across Australia and New Zealand.

At RYDA, students attend six interactive sessions at a dedicated venue over the course of a school day. In small peer groups, they are challenged to change the way they think about road safety; participating in a stopping distance demonstration, devising personalised strategies, gaining an understanding of their individual risk profile and getting tips from road safety experts on how to protect themselves, their friends and family.

The greatest impact at RYDA often comes from the personal stories of loss and survival where students come to realise how one poor choice can change a life forever.

By participating in RYDA, schools further their commitment to educating the 'whole student', providing a unique opportunity to learn essential life skills as they face the challenges of driving solo or as an influential passenger of a novice driver.

Now is the time to equip young people with the tools and knowledge they need to stay safe on the road.

For further information, contact 0800 150 180 or visit rse.org.nz.

Our website is loaded with resources for teachers, students and parents. Also find us on Facebook (facebook.com/RYDAroadsafety) and Instagram (@RYDAroadsafety)

IT'S **NOT ENOUGH** TO TEACH A YOUNG PERSON THE SKILL OF CONTROLLING AND MANOEUVRING A **VEHICLE**

WE MUST **BALANCE** THIS WITH THE SKILL OF **CRITICAL THINKING** AND AN APPRECIATION FOR **SAFETY** ON THE ROAD

RYDA Road Safety Education Programme

Student's Name: _____ Class: _____

Date of birth: _____

My child **may / may not** (*please circle*) attend this trip.

- I agree that he/she should take part in such activities and such necessary duties as may be required by staff.
- I understand that the school will not accept responsibility for loss or damage of personal property (*check own household policy*).
- I authorize the obtaining on my behalf any medical assistance if, in the opinion of the staff, such treatment is necessary, and agree to meet any costs incurred.

Medical conditions we should be aware of relating to these trips: (*eg. Allergies, asthma, etc.*)

Please find enclosed the trip costs of \$16.00 ☐ (please tick)

During the trip I can be reached at these phone numbers:

_____ (Hm) _____ (Wk) _____
(Mobile)

Signed: _____ (Parent) Date: _____